

Type of commitment you are looking for...

# Find Your Dance Pathway

This is where you *start*, this is where you *grow*!

2-5 YEAR OLDS

5-7 YEAR OLDS

8-11 YEAR OLDS

11-13 YEAR OLDS

14-18 YEAR OLDS

**LOW**



- ★ Take a few classes per week.
- ★ Stack classes back to back and take multiple genres.
- ★ Dance recreationally, but still enjoy all the fun!

**MEDIUM**



- ★ Join the Performance Company
- ★ Focus on skill development and more training
- ★ More performance opportunities!

**HIGH**



- ★ Add private instruction
- ★ Join Impact Company

## Which Style Of Dance Should I Choose?



**Take TAP if you like rhythms and sounds**

Tap develops a strong sense of rhythm, coordination and agility by creating sounds with the feet.



**Take ACRO if you like to tumble and stretch**

Acro focuses on tumbling, cartwheels, bridges, and walkovers. It focuses on flexibility, strength, balance, and agility.



**Take BALLET if you like feeling elegant and poised**

Ballet develops discipline and technique that is essential to all forms of dance, as well as proper posture, placement, alignment.



**Take HIP HOP if you like trendy music and dances**

Hip Hop is a freestyle form of dance that stems from the roots of jazz, but incorporates modern urban movements and is performed to modern music.



**Take JAZZ if you like to move and groove**

Jazz is stylized dancing that is energetic and fun. It focuses on developing proper technique, flexibility, leaps and turns.



**Take MUSICAL THEATRE if you like Broadway**

Musical Theatre mimics Broadway performances and is fun, energetic, showy and stylized. Focus is placed on connecting with the audience and facial expressions.



**Take LYRICAL or CONTEMPORARY if you like to dance from your soul**

Lyrical & Contemporary combine the technical elements of dance with feelings and emotions. It tells a story through fluid and smooth movement.



**Take Modern if you have spirit and energy**

Modern dance focuses on contractions, spirals, basic floor work, and elemental concepts of space, time, and force.